



ASD Virtual Support Journal

Autism Spectrum Disorder Program

Welcome to the Autism Support Services monthly journal! We want to stay connected to our students and families. This journal will be delivered monthly right here on the ASD Support Services website! Here you will find fun facts, links to new activities and a technology corner. Please be encouraged to read the articles with your son or daughter and complete the weekly enrichment activities.

Fun Fact...The average American will have eaten over 2000 peanut butter and jelly sandwiches by the time they graduate from high school! April 2nd is National Peanut Butter and Jelly Day . In April 2nd people celebrate a classic food favorite, Peanut Butter and Jelly the most popular sandwich in America! Is there any combination that is better than peanut butter and jelly? We can't think of one! On this day let's celebrate my making this tasty sandwich!

Activity Challenge: Click the link to make a delicious peanut butter and jelly sandwich!

<https://www.youtube.com/watch?v=H4rsu1D-mJQ>



What's Going On?

Hey DPSCD Students! You might be wondering, "Why is everything lit up blue?" **April 2nd** is World Autism Awareness Day! The United Nations declared April 2nd as World Autism Awareness day in 2008 to draw attention to the growing need for innovative programs designed to support people with autism. On April 2nd, the world will turn blue in honor of World Autism Awareness Day. It's all part of Light it Up Blue, a campaign led by the organization Autism Speaks that aims to foster understanding for those with autism. Don't forget on April 2nd and throughout April let's wear blue to celebrate Autism Awareness Day and Month!

Autism Awareness Activities



Click the links below for Autism Awareness day activities!

Crafts to celebrate autism awareness day! <https://www.craftprojectideas.com/now-trending/autism-awareness-day/>

Family fun for autism awareness day! <https://funandfunction.com/blog/autism-awareness-month-10-activities>

Ms. Tinnon Adapted PE

Spring Walk

Spring is here, Spring is here! What better way to kick-off Spring in this beautiful weather than to get outside and take a walk? This month, if the weather permits, go outside and walk around the neighborhood or park. Try making it into an outdoor scavenger hunt, searching for and pointing out as many things as you can, i.e. flowers that may be starting to bloom, colorful birds, trees, or a birds nest-all the while getting the benefits of walking. These benefits include improved cardio fitness, reduced risk of heart disease, stronger bones, and improved balance. Try this for just 30 minutes a day. You'll feel so much better!



This Month....April is [Autism Awareness Month](#), and April 2 is World Autism Awareness Day. During the entire month of April, you'll hear about autism-oriented fundraisers, autism awareness presentations, autism-friendly happenings, and special opportunities to recognize people on the autism spectrum. You'll also notice that most people involved with these activities are wearing the color blue. We here at DPSCD will be recognizing Autism Awareness month all month long with movie nights, presentations, a virtual art gallery and more! Please check your e-mail (or inquire with your teacher) for more information! Let's have fun celebrating Autism Awareness Month!



Mrs. Mekis Music Therapy



Springtime is here! There are so many sounds to hear. Take a walk outside and listen to the sounds of nature. When you come in from your walk, you can play this fun cup game. Click the link below to learn the cup game. Have fun playing with your family!

https://www.youtube.com/watch?v=5ViP1P_Y6b0

Mr. Williams Tech Corner

The importance of assistive technology cannot be overstated for many of our students on the Autism Spectrum. But where does one start when thinking of the needs of the individual student? WATT is a good place to begin. What is WATT? WATT stands for Wayne County's Assistive Technology Team. WATT it is a FREE service offered to parents and teachers of students with Autism and other special needs. WATT is home to thousands of pieces of equipment, software and reference material that you can borrow. WATT has staff who are specialists in assistive technology and very knowledgeable.



To find out more about WATT and the services they offer, please visit this website:

<https://www.resa.net/teaching-learning/special-education/assistive-technology>