



ASD Virtual Support Journal

Autism Spectrum Disorder Program

Welcome to the Autism Support Services weekly journal! We want to stay connected to our students and families. This journal will be delivered weekly right here on the ASD Support Services website! Here you will find fun facts, links to new activities and a technology corner. Please be encouraged to read the articles with your son or daughter and complete the weekly enrichment activities.

Fun Fact... May 28 is National Hamburger Day! On May 28 we celebrate a very popular food, the hamburger. Americans eat over 50 billion burgers a year! Outside of it being named after the town of Hamburg in Germany, no one is sure about the origins of the hamburger. Let's celebrate the day by making hamburgers!

Activity Challenge: Follow the link to create your own hamburger!

<https://www.youtube.com/watch?v=D-hOG4IRm3Y>



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What's Going On?

Hey DPSCD students! You might be wondering, "Why are we being told to avoid touching our face?" People are avoiding touching their face to keep germs from entering their body through the eyes, nose or mouth. It is important to not touch your face with dirty hands to avoid spreading germs.

Spreading Germs Activity!

Activity Challenge: Complete the activity below to demonstrate how easily germs can spread!



Wet a ball with water then roll it in glitter. The glitter represents germs. Pass the ball back and forth for several minutes. Then ask, "Who has germs on their hands?" Explain that when you touch something, like a doorknob, you can leave germs on it. When the next person touches the same doorknob, they can pick up those same germs on their hands. Those germs can then cause a person to become sick if they touch their nose, hands or mouth without washing their hands. Have fun playing glitterball, but don't touch your face and remember to wash your hands!

Mrs. Mekis Music Therapy



Get ready to play your Kazoo! This is a fun and easy instrument you can make. All you need is a toilet paper roll, wax paper, rubber band, scissors, marker, and non-toxic paint or markers to decorate your Kazoo!

Click the link below for instructions!

<https://www.youtube.com/watch?v=8GTx4VEMDas>



This week... Memorial Day is an American holiday observed on the last Monday of May. On Memorial Day we honor the men and women who died while serving in the U.S. military.

Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Memorial Day 2020 occurs on Monday, May 25.

Follow the link for memorial day activities!<https://www.mightymoms.club/family-fun/memorial-day-activities/>

Mr. Hoopingarner Adapted PE

Proprioception is the body's ability to sense itself. Many children with processing issues report feeling scattered or disjointed, which may be related to a faulty proprioceptive sense. Children who are uncoordinated and sensory seeking are often experiencing proprioceptive difficulties.

Follow the link for at home proprioceptive activities!

<https://www.youtube.com/watch?>

Mr. Williams Tech Corner

You Tube is an excellent resource for information ranging from entertainment to education. However, there is alternative to You Tube that focuses solely on education. It is called *Teacher Tube*. *Teacher Tube* is completely free and you can sign up using the link below. It has categories such as Science, Math, History, Social Studies, Language Arts, and Educational Songs. Just like You Tube you can search for specific things such as "daily living skills!"



To sign up for a free Teacher Tube account go to:

<https://www.teachertube.com/account/signup?returnUrl=%2F>