



ASD Virtual Support Journal

Autism Spectrum Disorder Program

Happy New School Year! Welcome to the Autism Support Services monthly journal! We want to stay connected to our students and families. This journal will be delivered monthly right here on the ASD Support Services website! Here you will find fun facts, links to new activities and a technology corner. Please be encouraged to read the articles and complete the monthly enrichment activities.

Fun Facts...October is National Pasta Month. National Noodle Day is observed annually on October 6th. Can you believe noodle have been around for 4,000 years? Noodle are popular all over the world and range in shape from flat, to round, to twisted and many more. Noodles are used for pasta, spaghetti, lasagna and more which means there is a dish out there for everyone!

Activity Challenge: Please follow the link to make spaghetti with pasta sauce.

<https://www.youtube.com/watch?v=4qnSaP4ItwI>



What's Going On!

Hey DPSCD students! **Happy Halloween!** Halloween, from a distance, is still possible in Michigan! State health officials issued guidance Thursday on how families can safely celebrate Halloween during the coronavirus pandemic. The state is encouraging alternative ways of celebrating this year, but also issued guidance should residents decide to trick-or-treat. Below you will find links on how to safely enjoy Halloween!

Halloween Tips & Guidance



Follow the links below for tips and guidance on how to have a fun and safe Halloween!

<https://www.michigan.gov/som/0,4669,7-192-29942-540429--,00.html>

More links...

<https://www.metroparent.com/daily/parenting/autism-resources/autism-friendly-halloween-tips-families/>

Mrs. Mekis Music Therapy



Fall makes me think of apples. What is your favorite kind of apple? Click the link below to sing a fun song about apples. The song incorporates singing and signing. I hope you enjoy this song!

<https://www.youtube.com/watch?v=Ip9JSqXaT54>



Indigenous Peoples' Day is a holiday that honors Native American people and commemorates their histories and culture. It is celebrated across the United States on the second Monday in October. It has been a counter celebration of Christopher Columbus Day since 1991. Please click the link for a song that explains Indigenous Peoples' Day!

<https://www.youtube.com/watch?v=PiGKxnlkja>

Adapted PE with Ms. Tinnon

Music can act as positive reinforcement. For many students, listening to music is a strong motivator! Many students prefer pre-recorded, concrete directions that are predictable. This can help them focus on the task. Examples of pre-recorded directions are the: Cha-Cha Slide or Cupid shuffle songs.

Here is a great website for songs with pre-recorded directions: <https://www.youtube.com/watch?v=BQ9q4U2P3ig>. Let's have fun and get to moving!

Mr. Williams Tech Corner

Online learning can be daunting for both parents and students. Sometimes we need to break up the monotony of the workload and have some fun (while learning skills the students need to know). Toy Theater is a great way to have some fun AND practice basic academic skills. Toy Theater has categories such as MATH, READING, GAMES and ART (just to name a few). Click the link to try toy theater! Have fun!

<https://toytheater.com/>

