# ASD Virtual Support Journal

Autism Spectrum Disorder Program

Welcome to the Autism Support Services weekly journal! We want to stay connected to our students and families. This journal will be delivered weekly right here on the ASD Support Services website! Here you will find fun facts, links to new activities and a technology corner. Please be encouraged to read the articles with your son or daughter and complete the weekly enrichment activities.

**Fun Fact...**Did you know that next to water, tea is the most consumed beverage in the world? On June 10, we celebrate National Ice Tea Day? This day is set aside to celebrate one of summer's favorite drinks, Iced Tea. Whether it is sweetened or unsweetened, with or without lemon, it is loved by many and enjoyed by the glass full all summer long!

**Activity Challenge:** Follow the link to create your own tea . Don't forget to add the ice!

https://www.youtube.com/watch?



## What's Going On?

Hey DPSCD students you might be wondering, "Why is everybody protesting?" It is important that we talk about racism. Protests have spread across the country due to the death of a black man, who died while being restrained by police. People are protesting to make sure justice is served. Changes are currently being discussed to make sure this will not happen in the future! See below for activities on racial justice.

#### Activities!

**Activities:** Click the link for an article and comprehension questions on racial injustice.

https://www.kidsnews.com.au/civics/whyare-so-many-people-protesting-across-theworld-after-the-death-of-george-floyd/newsstory/034560e9c72e4ffc780718116ba6c4d6



Take a look at these additional resources to help support your son or daughter during this time.

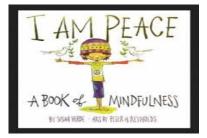
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## Mrs. Mekis Music Therapy

Emily Arrow wrote a great song to the book I AM PEACE by Susan Verde. The book is about finding peace in a world that feels chaotic.

Click this link to read the book with Susan Verde: <u>https://www.youtube.com/</u> <u>watch?v=hXA3837uv3w</u>

Click this link to sing the song with Emily Arrow: <u>https://www.youtube.com/watch?</u> <u>v=uqkPdIjjSFI</u>



**This Week...**We celebrate World Oceans Day, on June 8. World Ocean day is all about protecting the ocean. A healthy planet needs a healthy ocean. World Oceans Day has been recognized since 2002. This day offers the perfect opportunity to learn about the oceans and to think about what we can do to protect them and keep them clean and healthy.!

Click this link for ocean galleries games and more!

https://kids.nationalgeographic.com/ explore/nature/world-oceans-day/



#### Adapted PE with Ms. Tinnon

#### "Balloon Rules"



RULES: Get as many family members as possible, blow up as many balloons as you would like, throw the balloons in the air and hit them back and forth with family. See who can keep the balloons in the air for the longest amount of time. And most importantly, HAVE FUN! This activity is to improve HAND/EYE COORDINATION.

#### Mr. Williams Tech Corner

Everyone deserves the right to communicate. Many of our ASD students who are non-verbal or limited verbal, have difficulties with verbal expression. Through the wonder of cell phone apps many students have another form of communication. Below is an app that can assist with communication:

Speech Assistant (description courtesy of Google Play)



"With the app you can create categories and phrases, which are placed on buttons. With these buttons you can create messages that can be shown or spoken (text-to-speech). It is also possible to type any text using the keyboard. The app is easy to use and can be completely customized to your needs and preferences."

Click Here to view and download <u>https://play.google.com/store/apps/details?</u> id=nl.asoft.speechassistant&hl=en\_USlogin.mi

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