



ASD Virtual Support Journal

Autism Spectrum Disorder Program

Welcome to the Autism Support Services weekly journal! We want to stay connected to our students and families. This journal will be delivered weekly right here on the ASD Support Services website! Here you will find fun facts, links to new activities and a technology corner. Please be encouraged to read the articles with your son or daughter and complete the weekly enrichment activities.

Fun Facts...May 18 is National No Dirty Dishes Day! To celebrate this holiday you just have to make sure you don't make any dirty dishes! It's simple enough to manage, just eat food that does not require utensils to eat; or use disposable paper plates, cups and silverware! If you do make dishes on this day, no big deal! The following activity can help you keep the dishes out of your sink!

Activity Challenge: Follow the step-by-step instructions for clean dishes!

How to Wash Dishes		
1	Make soapy water	
2	Wash dishes with sponge	
3	Rinse with hot water	
4	Place dishes in drying rack	

What's Going On?

Hey DPSCD students! You might be wondering, "Why is everybody cleaning and wiping everything so much"! Cleaning and disinfecting is the best way to get nasty germs of surfaces. Keeping a clean home, including your room, is one of the best ways to prevent spreading nasty germs and viruses!

Cleaning Activity!

Please complete the step-by-step cleaning activity to get your room sparkly clean!



How To Clean a Bedroom

- Step 1: Dirty laundry in hamper
- Step 2: Clean clothes in dresser
- Step 3: Dishes in dishwasher
- Step 4: Clear the floor
- Step 5: Clean off desk & nightstand
- Step 6: Make bed
- Step 7: Take out trash
- Step 8: Vacuum

Mrs. Mekis Music Therapy

Spring has sprung! We are going to sing a song about bugs. The song is called "Bugs on the Rug" by Johnette Downing. It is sung to a familiar tune-can you guess what it is?

Click the link below to hear the song and read the book with Johnette Downing!

https://www.youtube.com/watch?v=Opkmz_klEJI&list=RDOpkmz_klE



Activity Challenge: Can you name at least 5 of the bugs in the above picture? Give it a try!

This week...During this time of distance learning, there are multiple sites that offer daily lessons, story hours and interactive activities! Check out the website below for fun activities taking place the week of May 18!

<https://austin.kidsoutandabout.com/event-list/2020-5-18>

Mr. Hoopingarner Adapted PE

Kids on the Autism Spectrum sometimes struggle with posture. Posture is the position in which you hold your body when standing, sitting or lying down. Good posture means you need to be aware of how you hold yourself to put the least strain on your back.

Follow the link for activities on improving your posture!

https://www.youtube.com/watch?v=orREX_55Epc&feature=youtu.be

Mr. Williams Tech Corner

As much as we may want to, we will not be able to pry our kids away from games and gaming. Many industries and people have realized this, and in turn, have created ways to help children create games. Face it, creating games is fun. It is also another way to activate the creative bug that many of our children possess.

Here is one FREE online drag and drop game creator that kids can access if they have a computer or smartphone. With Sploder students can create and publish fun games from templates. Don't worry if you don't have a computer but have an Android Phone you can access Sploder at the following links!

Find it at the Google Play Store:(\$1.99)

https://play.google.com/store/apps/details?id=com.sploder.arcadecreator&hl=en_US

Sploder!TM
Where games come true